



**BHARATHIAR UNIVERSITY: COIMBATORE**  
**YOUTH RED CROSS**



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**REPORT**

**FOUR DAYS STATE LEVEL YRC STUDY CAMP FOR YRC  
VOLUNTEERS AND PROGRAMME OFFICERS**

**Date: 10<sup>th</sup> – 13<sup>th</sup> December 2019**

**Venue: Seminar Hall, Department of Commerce, Bharathiar University.**

The day started hoisting the YRC flag by the Vice-Chancellor, Bharathiar University, the programme started at 9.00 a.m. as prescribed with the registration.

As an initial part of the inauguration, welcome address was given by Prof. **Dr.P.Chellasamy**, YRC Zonal Co-ordinator, Bharathiar University, Coimbatore followed by the presidential address **Thiru.Thomas V John**, Hon, Secretary, IRCS, Erode District Branch. “He made a valuable orientation regarding the development of serving capability of the volunteers and he insisted about the availability of ambulance to the marginalized society within local and interstate”

The Inaugural address was given by **Dr. P. Kaliraj**, Vice Chancellor, Bharathiar University, Coimbatore. In his persuasive speech, “He esteemed the YRC volunteers for their active participation in helping the society. He gave many innovative ideas regarding the development of oneself to serve for the people. He also participated in the fire & a safety awareness programme.

**Dr.M.Sumathy**, Professor and Head, School of Commerce, Bharathiar University, Coimbatore offered Felicitation. She appreciated the YRC volunteers and Programme officers for their timely help for the victims and also gave so many ideas for developing the social work in many ways. She said “sacrificing oneself to the society and serving them wholeheartedly with utmost care and support is like serving God.” The vote of thanks was proposed by **Dr. Raju**, YRC District Organizer, Erode.

The programme comprised of talks on various topics such as History of Youth Red Cross, Principles and Structure, Youth – Disaster Management, Fire Safety, Health and Hygiene, Harmony in Variety and Personality development, Disaster Management, Yoga,

Blood Donation, Awareness of HIV / AIDS, Personality for Social Services, Health Education.

The resource persons from different fields conducted interactive and demonstrative sessions on different and energetic titles. It paved the way for the volunteers to gain a lot of information. Programme officers from various districts spoke about the seven principles of YRC (i.e.) universality, independence, voluntary service, unity, our principles, neutrality, impartiality and humanity. They also shared about the importance of conducting YRC study camp and said that young people should take up some responsibility and perform all the social work and serve the society and nation. The Officers from Tamil Nadu fire and safety Coimbatore, discussed about the role and responsibility of fire servicemen and their helping tendency to meet the emergency needs of society at the time of fire and disaster. Then the volunteers were given a demo/awareness of fire and safety and explained the working process of fire extinguisher, simple way to protect ourselves from fire caused out of cooking gas, vehicle etc.

In the noon session, **Dr.S. R. Prabakaran** gave lecture on disposing waste in a useful manner and process of converting..green waste into manure. The next day was followed by a rally from Vadavalli to University to insist the importance of following traffic rules to save the future. In the morning session, **Majestic. Mr. K. Kandasamy**, a successful entrepreneur spoke of the social responsibilities of every youth in developing clean and green nation. Next, **Dr.C.Suriyanarayanan** revealed the fact of life in a humorous way which includes the topic “Harmony in variety and Unity in diversity”.. Thus a morning session came to an end with lively topic by **Mrs. Brindhadevi & Mrs. Malini**. She elaborated the problems faced by women and children and also the way to prevent it. Again, the noon session refreshed by **Dr.B. Selvaraj**. He explained the concept of “**pro-social behaviour and pro-social personality**” which includes dimension, level and benefits of pro-sociality and factors affecting personalities and way to improve personalities.

The third day began with lots of energy. **Dr. U. Srikumar** talked about the importance of practicing yoga for both mental and physical health, and explained 3D concept which includes dedication, devotion and determination. He also insisted the importance of a balanced diet for youth to improve health and concentration. The field visit to **Isha Foundation**, located in the Western Ghats near Vellinagiri temple. Participants have visited the Isha and worshipped Lord Linga and AdhiYogi and they have enjoyed the Trip.

The fourth day "Donating blood is a most important element in life". **Mr. M. Suresh Babu** discussed about a rare blood group that was found in the year 1952 in Bombay. So it was named as Bombay O negative and positive blood. Abundance in everything is playing a major role in the society. Happiness is in small things, success is in the big things and they discussed about four rules of life like a play with body, play with your book, colour your diet, being silent; learning everything in life is a blessing, seek happiness in little things wander around the world. All the classes were very useful for the participants. Each and every topic designed in order to help the participants to develop leadership quality, to improve communication skill, to develop personality, to attend the interview, to develop oneself, and to have humanism. Awareness on HIV/AIDS and handled by **Mrs. R. Meenakshi**. She shared her personal experiences and spoke about the stigma attached to AIDS and drug to control the condition. She explained the three types of HIV tests and suggested the ABC (Abstinence, Being Faithful, Using Condoms) approach to prevent AIDS. She has given evidence that using this strategy, the prevalence rate of HIV infection significantly decreased in many countries.

After group discussion, feedback was collected from the programme officers and YRC volunteers. It aided them to communicate their views to the Zonal Co-ordinator.

In the valedictory functions, welcome address was given by **Dr. Vinayagamorthy**, YRC District Organizer, Tirupur. The presidential and valedictory address was given by **Dr.K.Murugan**, Registrar, Bharathiar University, Coimbatore. He advised to spread the information and knowledge obtained during this training programme and appreciated all the YRC volunteers and Programme officers. He also distributed certificates to all the participants.

The vote of thanks was proposed by **Dr. P. Chellasamy**, Professor and YRC Zonal Co-ordinator, School of Commerce, Bharathiar University, Coimbatore. Finally the "Four day State level study camp" was ended with the national anthem.

**Cultural programme** was conducted between 5.45 and 7.00 pm. Students were shown their talents with dancing, singing, drama and other activities. Participants were enjoyed the events. **Chart Preparation** activity was also conducted on the next day. Many YRC volunteers and programme officers have displayed charts showing red cross activities, selfless services, environmental protection, health and hygiene etc.,

Every day the programme was started at 9.30 a.m. with hoisting of the YRC flag, singing of the YRC song and taking of the YRC pledge by the programme officers and YRC volunteers and recap of previous day sessions by the volunteers and programme officers.

## AREAS COVERED

- History of Youth Red Cross, Principles, Structure etc.,
- Disaster Management
- Fire safety
- Health and Hygiene
- Harmony in Variety
- Unity in Diversity
- Environmental Protection and Tree Plantation
- Pro Social Behaviour
- Pro Social Personality
- Yoga for Health
- Blood Donation Awareness
- Awareness on HIV/ AIDS
- Group Discussion / Feedback



